



## **Chapter 15**

### **Achieving Workforce Diversity in the Vocational Rehabilitation Arena**



## **DRS Workforce Diversity**

Part of the reason ADOPT utilized focus groups was to ascertain the present state of Chicagoland Asian Americans with disabilities (AAWDs). During the interview process, we discovered several DRS shortcomings that could be remedied with a more diverse counselor force. These shortcomings will be highlighted throughout this chapter in distinct areas of the page and through quotes from participants.

“I think that looking for work, looking for a job isn't the best way to help people because it's not the best way to help them become independent.” (Vietnamese American Interview Participant Participant, 2010)

Asian customers have unique personal insights on independence and family ties; to understand these thoughts, an Asian perspective is needed.

The rehabilitation counselor workforce currently lacks the ethnic diversity that is invaluable in helping job-seekers with disabilities prepare for and obtain meaningful employment. According to a 2003 report released by the U.S. Census Bureau, 16.6% of Asian Americans and 19% of Pacific Islanders report one or more disabilities; however, this population remains underrepresented as both receivers and deliverers of services. Like most disability services, vocational rehabilitation (VR) services do not adequately meet the needs of immigrants and minorities with disabilities, especially those of Asian American descent (Wilson, Harley, McCormick, Jolivette, & Jackson, 2001).

The difficulties Asians may encounter in VR services often mirror the issues they face when seeking health care. In 2004, according to Ngo-Metzger, Legedza, and Phillips, “Asian Americans were less likely than white patients to report that they were very satisfied with their care overall (42% vs. 64%), and less likely to have a great deal of trust in their doctor (55% vs. 71%).” These attitudes may result in part from how Asian customers perceive the care they do receive. It has been reported that Asian Americans (37%) are significantly less likely to receive a reminder for preventive care visits than Whites (53%). In the same survey slightly more than half of the surveyed Asian Americans with chronic conditions (54%) did not receive a plan to manage their condition at home, compared to 31% of Whites (Ro, n.d.).



**This picture from Asian Human Services shows how this agency provides successful job search resources to people of all backgrounds**

## Contextual Factors

The disparities faced by Asians as they attempt to access resources can be attributed to several factors. According to Kundu, Dutta, and Walker (2006), who are citing research done by Leavitt (1999), “Although about 20%-25% of the U.S. population are minorities and 11.5% are foreign born (U.S. Bureau of Census, 2003), only 8% of health care and rehabilitation professionals are from diverse ethnic origins” (p. 31). Many VR counselors don’t have enough cultural supports and outreach techniques to help them work with diverse customers. As the Asian population in the U.S. both ages and continues to become more diverse, VR agencies must recruit and retain diverse individuals from a wider variety of cultural backgrounds.

## DRS Workforce Diversity

“Family responsibility is in India but not here. Here in this country they welcome the American system. There’s a professional community—only thing is that they are not aware of it.” (Indian American focus group participant, 2010)

This Indian American customer has a different insight than the Vietnamese American individual quoted on the previous page. A second Vietnamese American individual shared still another perspective:

“Well, at first I thought that the [DRS] service was...you know, I thought it was like welfare, so I really wasn't comfortable with some of that. But now I'm realizing that it's not the same thing. I remember that I did try to get some services from DRS, two years ago, but I had kind of that attitude that, thinking that it was related to welfare, so I went in, you know, kind of against my family. I didn't want to say I needed money. I felt that that wasn't really fair to other people.” (Vietnamese American Interviewee Participant, 2010)

Asians often feel shame about asking others for help—particularly others outside their own communities. Counselors should be aware of this and reach out to such customers.

Asian customers have uniquely personal insights on independence and family ties; an Asian perspective is needed to understand such thoughts

**The presence of diverse counselors who are familiar with a variety of Asian cultures is crucial for positive outcomes in VR offices**



A 2006 study by Kundu, Dutta, and Walker examines the staff of 38 state and federal rehabilitation agencies within the ten Rehabilitation Services Administration regions in the U.S. At the state level, there were 33 directors but only one was Asian; another was a Pacific Islander. Of the 213 administrators tallied, only five were Asians (2%). Of 373 supervisors nationwide, only six were Asians. A similar trend, the lack of Asian personnel, was apparent at the district level and in the training facilities. The surveyed agencies had 7,862 personnel, less than 3% (193) of whom were Asian.

To be inclusive of AAWDs in VR efforts, qualified personnel from diverse cultural backgrounds as well as people with disabilities must participate in the VR system as administrators and service deliverers; user-only participation cannot achieve meaningful results. Rehabilitation counseling for student competency can also be fostered by inclusion of a diverse class; training with persons from non-mainstream backgrounds is often to everyone's benefit (Kundu, Dutta, & Walker, 2006). A listing of multicultural and Asian psychologists and psychiatrists can be found in Appendix GG of this chapter.

## Empirical Evidence

A 2005 study by Hein, Lustig, and Uruk on improving VR satisfaction in the state of Tennessee outlined several methods for providing better service. One of the greatest concerns participants expressed was the counselors' inattention to customers. Another major issue was that counselors did not work "hard enough" or explain things "detailed enough." Customers also expressed distaste for jobs they were matched with that did not align with their skill sets. Although these issues were considered from an overall systems perspective, it can be deduced that AAWDs in the Illinois VR system have encountered the same problems, perhaps even exacerbated by cultural misunderstandings and other biases or stigma.

## Spotlight Study

Matrone and Leahy (2005) monitored the effectiveness of diversity in rehabilitation customer outcomes for 118 counselors. Although competencies, which can be addressed by training, did not significantly explain outcome differences, customer and counselor race did. Bellini (2003) found that clients from different racial groups experience different outcomes as a function of their counselors' race and their counselors' multicultural competency. According to Bellini, non-White clients of average age working with non-White counselors are more likely to have a successful closure than White clients of average age working with counselors of any race. Non-White clients receiving social security benefits working with a non-White counselor are more likely to have a successful closure than White clients receiving social security benefits working with a counselor of any race. This study clearly indicates that multicultural counselors are vital for successful customer outcomes in a way that even simple cultural competency training alone cannot duplicate.



**Mental health press conference  
in Chicago's Chinatown.**

Hampton (2000) suggests several ways to integrate AAWDs into VR. For one, VR counselors must reach out to the Asian American business community and provide ADA and VR training; as things are, many Asian Americans can find employment only in ethnic businesses because of language restrictions. For another, VR counselors must understand the particular Asian values of family and community. Although there is some variation among Asian communities, the self is usually viewed through the lens of family (Kim-Rupnow et al., 2004).

In addition, counselors must partner with faith-based organizations (FBOs) or at least have a deep understanding of them. Last, it's important to understand that some customers may not separate mental issues from physical ones. Some believe in a "wholeness of mind and body"; VR counselors must be open to such beliefs, particularly if their rehabilitation training did not corroborate such views.

## **A Way to Address Workforce Development: University Outreach**

The importance of workforce diversity in rehabilitation counseling has been explored, but concrete solutions are still needed to improve outcomes for DRS customers. Three universities in the Chicago area feature rehabilitation counseling as a program of study: the Illinois Institute of Technology, Northern Illinois University, and Northeastern Illinois University at Chicago. DRS must take the initiative to reach out to these education centers, among others, and to actively recruit students of Asian and other multicultural descents to enter the VR profession.

Community-based organizations (CBOs) also have certification programs. El Valor, an ADOPT partner, is a CBO that collaborates to develop strategies in Asian recruitment and rehabilitation outreach. Because CBOs are in close touch with local and cultural communities, they may have concrete ideas for reaching out to young pan-Asians. DRS should maintain an open mind in working with such groups and adopting these principles.



**Pamphlets can be distributed to community centers to educate the youth of the Asian American community.**



We recommend looking into the following rehabilitation counseling programs at various local institutions to recruit Asian service providers:

**Illinois Institute of Technology**

Frank Lane: lane@iit.edu

(312) 567-8862

<http://tinyurl.com/3bfhde>

**El Valor**

Maria Lopez: maria.lopez@elvalor.net

(312) 492-5936

<http://tinyurl.com/5s5lj4c>

**Northeastern Illinois University**

Ken Currier: k-currier@neiu.edu

(773) 442-5576

<http://tinyurl.com/3cgf457>

**Adler School of Professional Psychology**

(312) 662-4000

<http://tinyurl.com/6jnaj4d>

**Northern Illinois University**

(815) 753-6519

[http://www.chhs.niu.edu/rehab\\_services/graduate/index.shtml](http://www.chhs.niu.edu/rehab_services/graduate/index.shtml)

*Reaching out to education sectors cannot be emphasized enough. Use pamphlets as outreach tools to encourage Asian American communities to enroll in rehabilitation counseling studies as an area that is becoming increasingly popular and in demand. Figure 15.1 shows a description of the academic department of counseling studies in one university.*



## Figure 15.1. Rehabilitation Counseling Program.

### M.A. in Counseling: Rehabilitation Counseling

The Department of Counselor Education offers a 48 credit hour program (16 courses) leading to the Master of Arts in Counseling: Rehabilitation Counseling.

The Rehabilitation Counseling program prepares students for employment in settings such as:

- Community rehabilitation programs (CRPs)
- Hospitals and schools
- State and federal systems of vocational rehabilitation (in Illinois, the Division of Rehabilitation Services)
- Social Security Administration
- Department of Veterans Affairs (VA)
- Private business and industry
- Insurance companies
- Behavioral health agencies including substance abuse programs and training and evaluation centers
- Private practice

Rehabilitation counselors give guidance to people with disabilities resulting from birth defects, illness, disease, accidents, or the stress of daily life. From a holistic perspective, they help people deal with the personal, social, and vocational effects of disabilities. They deal with the "whole person" and work with each client to develop an individualized rehabilitation plan may include training to increase the individual's capacity to live independently and in many cases help to develop job skills, obtain jobs, and the be included in the community.

Examples of their job duties are:

- Evaluating the strengths and limitations of individuals
- Providing personal and vocational/career counseling
- Arranging for medical and restorative care, vocational training, and/or job placement

#### Accreditation, Licensure, and Certification

The M.A. in Counseling: Rehabilitation Counseling program is accredited by the Council on Rehabilitation Education (CORE).

The Rehabilitation Counseling degree fulfills the educational requirements for the two levels of licensure as professional counselors in the State of Illinois: Licensed Professional Counselor (LPC) and Licensed Clinical Professional Counselor (LCPC).

The Rehabilitation Counseling degree also meets the educational requirements for the Certified Rehabilitation Counselor (CRC) credential after passing the necessary certification examination.

#### Mission

The Department of Counselor Education Rehabilitation Counseling program is committed to improving the lives of persons with disabilities by providing qualified (CRC-eligible) professional rehabilitation counselors trained in the current best practices of rehabilitation services to work in public and private agencies serving a diverse state and nation.

#### Objectives

- To recruit qualified rehabilitation counselors-in-training who are committed to working with people with disabilities from widely diverse cultures, abilities, dispositions, and backgrounds.
- To train future counselors in effective, sensitive strategies and methods of practice to assist persons from diverse back ground to obtain their maximum functioning in their community including work.
- To retain counselors-in-training so that they may reach their maximum level of competency, preparation, and satisfaction in their chosen career.
- To place competently trained rehabilitation counselors into community public and private agencies serving persons with disabilities ethically, competently, and sensitively respectful of each person's unique background, value systems, and abilities.
- To provide the community with competent and current services and resources that improves the lives of persons with disability and, in turn, enriching the quality of life for all.

#### Goals

The goals of the Rehabilitation Counseling program are to facilitate the client's maximum functioning and quality of life in their environment of choice, including work. The program also combines elements of medical, psychological, social, and communication skills and provides graduates with a set of competencies that allows them to function as capable, effective rehabilitation counseling professionals.

#### Selection into program

The faculty will assess applicants using the following criteria:

- Aptitude for graduate level study
- Potential for success in forming effective interpersonal relationships in individual and small groups (individuals with disabilities, their families, and significant others)
- Openness to self-examination and potential for personal and professional development
- Commitment to working with people with disabilities

#### Program Information

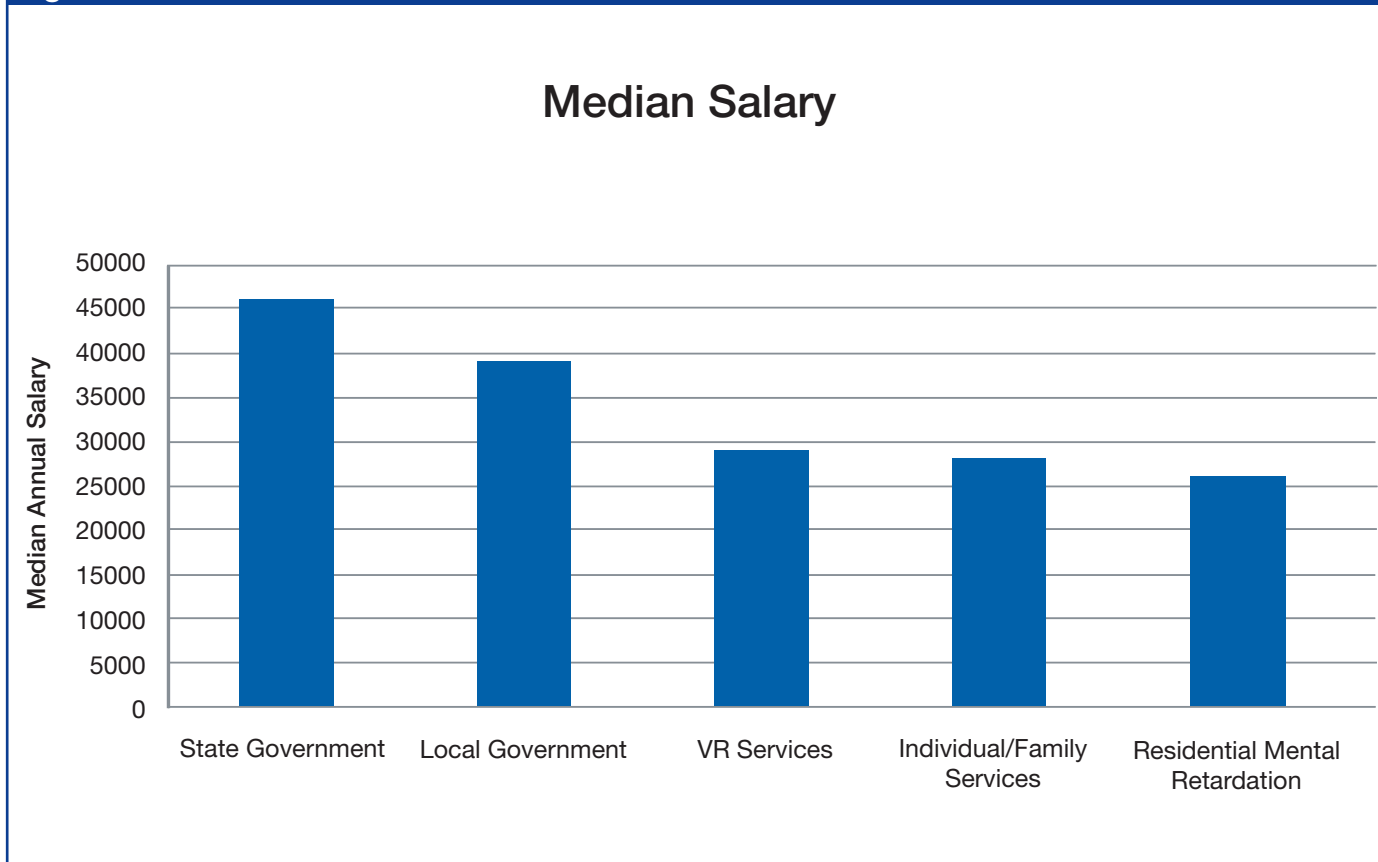
The program currently receives the Rehabilitation Services Administration Long-Term Training Grant (RSA LTTG). This five-year grant provides \$750,000 in funding to train students and runs through the 2014-15 academic year.

Department of Counselor Education  
Northeastern Illinois University  
5550 N. St. Louis Ave, Chicago, IL 60625  
Email: c-johnston@neiu.edu ~ Ph: 773-442-5554 ~ Fax:773-442-5559

**Figure 15.1. Engage with university programs in rehabilitation counseling through pamphlets and direct contact in order to recruit**

## Statistics and Future Steps within DRS

**Figure 15.2. Median Salaries of Rehabilitation Professionals.**



**Figure 15.2. Median salary distribution by service sector.**

In 2008, about 20% of counseling positions were filled by rehabilitation counselors. A 19% increase is expected by 2018.

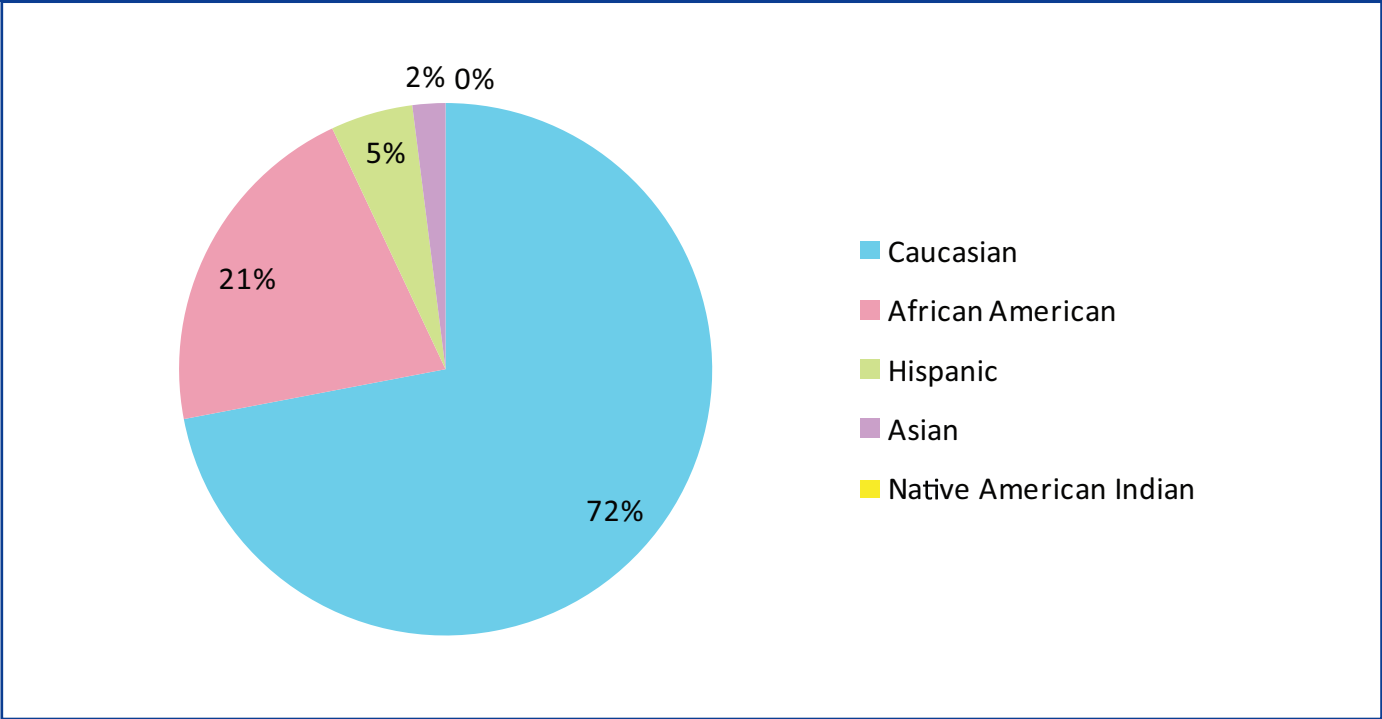
As of 2009, Illinois employed 3,620 VR counselors at a mean hourly wage of \$17.74 (median = \$15.71) and a median yearly wage of \$32,690. The Chicagoland area (the Chicago, Naperville, and Joliet census districts) employed 2,000 of these counselors at a median rate of \$16.89/hour or \$35,130/year (Figure 15.2).

Rehabilitation counselors are grossly underpaid for their level of education; therefore, efforts should be made to reach out to holders of associate's degrees (Kundu, Dutta, & Walker, 2006). Other solutions are needed as well. For one, employees can be urged to engage in extracurricular activities or outings with multicultural, Asian customers and incentives should be provided for such cultural endeavors. On a broader scale, the training pathway to become a VR counselor should be advertised at schools' multicultural centers and in local ethnic communities such as Devon and Chinatown. Internships and mentorships at DRS should also be created, expanded, and offered to trainees of Asian descent.

Last, a commitment to diversity from the counselor and managerial ends is critical to success: sustainable change requires open minds. As of June 30, 2010, DRS had a total of 1,717 staffers. Of these, 71.1% were White (1,221), 21.5% were African American (369), 5.2% (90) were Hispanic, and 0.3% were Native American. Only 1.8% were Asian. This information is summarized in Figure 15.3. Our focus group discussions have indicated that customers are not sufficiently informed by DRS about the options available to them, and that there is a chronic lack of follow-through.

Because Asians may be less likely to be bold and "pester" their counselors for assistance, there is a clear cultural divide that needs fixing through the integration of Asian counselors into the DRS workforce. Such integration will improve services and result in better outcomes not only for Asian clients but for minorities as well by increasing cultural/ethnic awareness. Workforce diversity in rehabilitation counseling is important for reaching the underserved AAWD population and for achieving higher-quality customer outcomes and greater overall success.

**Figure 15.3. June 2010 DRS Staff Ethnic Composition.**



**Figure 15.3. Percentage of DRS staff by race.**

## Chapter 15 References

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## Appendix GG. - Chicago-area Mental Health Service Providers

### **ACCESS Family Health Center**

152 W. Lincoln Highway  
Chicago Heights, IL  
60411

**Website:**

[www.accesscommunity-health.net/fhs](http://www.accesscommunity-health.net/fhs)

**Contact:** Shalini Chawla

**Tel:** (708)-754-3270

**Email:** None

**Services:** Psychiatry

**Language(s):** English,  
Spanish, Hindi, Punjabi

### **Ada S. Mckinley Community Services Inc.**

2715 W 63rd Street  
Chicago, IL 60629

**Website:**

[www.adasmckinley.org](http://www.adasmckinley.org)

**Contact:** Muhammad  
Junaid

**Tel:** (773)-434-5578

**Email:** None

**Services:** Psychiatry

**Language(s):** English,  
Spanish

### **Adler School of Professional Psychology**

65 E. Wacker Place  
Chicago, IL 60601

**Website:** None

**Contact:** Mayumi  
Nakamura

**Tel:** (312)-201-5900

**Email:**

[mnakamura@adler.edu](mailto:mnakamura@adler.edu)

**Services:** Individual and  
Group Therapy

**Language(s):** English,  
Japanese

### **AD Consultants Inc., Thai Community Center, Thai Illinois Association of Illinois**

233 E. Erie Street,  
Suite 612

Chicago, IL 60611

**Website:** [www.adconsultantsinc.net](http://www.adconsultantsinc.net)

**Contact:** Archawee  
Dhamavasi

**Tel:** (312)-397-9703

**Email:**

[archawee@adconsultantsinc.net](mailto:archawee@adconsultantsinc.net)

**Services:** Individual,  
Couple, Family, Group,  
Family Crisis Resolution,  
Marital Counseling,  
Divorce & Custody  
Mediation, Family Crisis  
Mediation, and New  
Immigrant Advocacy

**Language(s):** Laotian and  
Thai

### **Ada S. Mckinley Community Services Inc.**

2715 W 63rd Street  
Chicago, IL 60629

**Website:**

[www.adasmckinley.org](http://www.adasmckinley.org)

**Contact:** Aftab Noorani

**Tel:** (773)-434-5578

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

### **Asian Human Services**

4753 N. Broadway, Suite  
700

Chicago, IL 60640

**Website:**

[www.asianhumanservices.org](http://www.asianhumanservices.org)

**Contact:** Harumi Nishida

**Tel:** (773)-293-8430

**Email:**

[hnishida@ahschicago.org](mailto:hnishida@ahschicago.org)

**Services:** Individual,  
Couple, Family, and  
Group Therapy

**Language(s):** English,  
Chinese (Cantonese),  
Chinese (Mandarin),  
Gujarati, Hindi, Japanese,  
Khmer (Cambodian), Thai,  
Tagalog, Vietnamese

### **AHS Family Health Center**

2424 W. Peterson Avenue  
Chicago, IL 60659

**Website:**

[www.ahschicago.org](http://www.ahschicago.org)

**Contact:** Falguni Ami

**Tel:** (773)-761-0300

**Email:**

famin@ahschicago.org

**Services:** Individual  
Therapy

**Language(s):** Indian  
(Hindi, Gujarati, and Urdu)

### **Bethany Hospital**

3435 W Van Buren Street  
Chicago, IL 60624

**Website:**

[www.advocatehealth.com](http://www.advocatehealth.com)

**Contact:** Subhash Goyal

**Tel:** (773)-265-3582

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

### **Care Psychotherapy Services**

233 E. Erie Street, Suite  
409

Chicago, IL 60610

**Website:** [www.therapy-chicago.com](http://www.therapy-chicago.com)

**Contact:** Shaifali

Sandhya

**Tel:** (773)-818-6717

**Email:**

sandhyaphd@gmail.com

**Services:** Individual,  
Couple, and Family  
Therapy

English, Hindi, Punjabi

### **Center on Halsted**

3656 N. Halsted Street  
Chicago, IL 60613

**Website:**

[www.centeronhalsted.org](http://www.centeronhalsted.org)

**Contact:** Denise Hagerla

**Tel:** (773)-472-6469

**Email:**

mail@centeronhalsted.org

**Services:** Individual,  
Couple, Family, and  
Group Therapy

**Language(s):** English

### **Chicago Physician Associates LLC**

938 W. Nelson Street  
Chicago, IL 60657

**Website:** None

**Contact:** Swaminathan  
Shastri

**Tel:** (773)-883-0200

**Email:** None

**Services:** Psychiatry

**Language(s):** Hindi,  
Spanish, Tamil

### **Chicago Physician Associates LLC**

938 W. Nelson Street  
Chicago, IL 60657

**Website:** None

**Contact:** Shikari Haidari

**Tel:** (773) 883-0200

**Email:** None

**Services:** Psychiatry

**Language(s):** Hindi,  
Spanish, Tamil

### **Chicago Physician Associates LLC**

938 W. Nelson Street  
Chicago, IL 60657

**Website:** None

**Contact:** Morteza  
Mohajer

**Tel:** (773)-883-0200

**Email:** None

**Services:** Psychiatry

**Language(s):** Hindi,  
Spanish, Tamil

### **Community Counseling Centers of Chicago, C4**

4740 N. Clark Street  
Chicago, IL 60640

**Website:**

[www.c4chicago.com](http://www.c4chicago.com)

**Contact:** Anjum Khaja

**Tel:** (773)-769-0205

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

### **Community Mental Health Services**

4755 N. Kenmore Avenue  
Chicago, IL 60640

**Website:** None

**Contact:** Shephali Patel

**Tel:** (773)-989-9868

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available



**Community Mental Health Services**

4755 N. Kenmore Avenue  
Chicago, IL 60640

**Website:** None

**Contact:** Sangarapillai  
Chondra Mohan

**Tel:** (773)-989-9868

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

**Core Therapy Associates, Ltd.**

800 E. Woodfield Road,  
Suite 106

Schaumburg, IL 60173

**Website:** [www.coretherapyassoc.com](http://www.coretherapyassoc.com)

**Contact:**

Grace Tomas-Tolentino

**Tel:** (847)-240-5080

**Email:**

[gtolentino@coretherapyassoc.com](mailto:gtolentino@coretherapyassoc.com)

**Services:** Individual,  
Couple, Family, Group  
Therapy and Wellness  
Seminars

**Language(s):** English,  
Tagalog, Japanese,  
Korean

**Counseling Center of Lake View**

3225 N. Sheffield  
Chicago, IL 60657

**Website:**

[www.cclakeview.org](http://www.cclakeview.org)

**Contact:** John Sykes

**Tel:** (773)-549-5886

**Email:**

[jsykes@cclakeview.org](mailto:jsykes@cclakeview.org)

**Services:** Individual,  
Couple, Family, and  
Group Therapy

**Language(s):** English,  
Various Other (Heartland  
Interpreting Services)

**Dr. Norwil C. Frial & Associates, Ltd.**

2530 Crawford Avenue,  
Suite 206

Evanston, IL 60201

233 E. Erie Street,  
Suite 409

Chicago, IL 60611

**Website:** [www.nfrial.com](http://www.nfrial.com)

**Contact:** Norwil Frial

**Tel:** (312)-339-6208

**Email:**

[noyfrial@yahoo.com](mailto:noyfrial@yahoo.com)

**Services:** Individual,  
Couple, Family, and  
Group Therapy

**Language(s):** English

**Encircle Psychological Services, LLC**

405 N Wabash Suite 4507  
Chicago, IL 60611

**Website:**

[www.networktherapy.com/Monica.Kathuria/default.asp?loc=64099](http://www.networktherapy.com/Monica.Kathuria/default.asp?loc=64099)

**Contact:** Monica Kathuria

**Tel:** (312)-371-5680

**Email:** None

Individual, Couples,  
Group, and Family  
Therapy

**Language(s):** Information  
Not Available

**Francis W. Parker High School**

233 E. Erie St. Suite 409  
Chicago, IL 60611

**Website:** [www.doctorkavita.com/index.html](http://www.doctorkavita.com/index.html)

**Contact:** Ajmere Kavita

**Tel:** (314)-750-3699

**Email:**

[Kavita.ajmere@gmail.com](mailto:Kavita.ajmere@gmail.com)

**Services:** Adolescent  
Health

**Language(s):** English,  
Hindi

**Georgemiller, Whyte,  
and Associates**

950 Lee St. Suite 202  
Des Plaines, IL 60016

**Website:**

[www.georgemillerwhyte.com](http://www.georgemillerwhyte.com)

**Contact:**

Sayaka Machizawa

**Tel:** (847)-696-1100

**Email:**

[smachizawa@gmail.com](mailto:smachizawa@gmail.com)

**Email:**

[sayaka\\_21@yahoo.com](mailto:sayaka_21@yahoo.com)

**Services:** Individual  
Therapy and Consultation

**Language(s):** Japanese

**Hamdard Center for  
Health and Human  
Services**

228 E. Lake St.  
Addison, IL 60101

**Website:** [www.hamdard-center.org](http://www.hamdard-center.org)

**Contact:** Naveeda Athar

**Tel:** (630)-835-1432

**Email:**

[naveeda2004@yahoo.com](mailto:naveeda2004@yahoo.com)

**Services:** Individual,  
Couple, Family, and  
Group Therapy

**Language(s):** Chinese  
(Mandarin), Indian (Hindi  
and Gujarati)

**Heartland Health  
Outreach-International  
FACES Program**

4750 N. Sheridan Rd.  
Suite 500

Chicago, IL 60618

**Website:**

[www.heartlandalliance.org](http://www.heartlandalliance.org)

**Contact:** Thad Rydberg

**Tel:** (773)-751-4188

**Email:** [trydberg@heartlandalliance.org](mailto:trydberg@heartlandalliance.org)

**Services:** Individual,  
Couple, Family, and  
Group Therapy

**Language(s):** English,  
Chinese (Mandarin),  
Hindi, Hmong, Khmer  
(Cambodian), Korean,  
Laotian, Vietnamese  
through Interpreters

**Heartspeak Institute**

2625 Butterfield Rd.  
Suite 103W

Oakbrook, IL 60523

**Website:**

[www.heartspeak.org](http://www.heartspeak.org)

**Contact:** Edmund Arroyo

**Tel:** (630)-590-3976

**Email:** [admin@heartspeak.org](mailto:admin@heartspeak.org)

**Services:** Individual,  
Group, Marriage, and  
Family Therapy

**Language(s):** Indian  
(Hindi)

**Hermosa Medical/  
Diagnostic Center**

2004 N. Pulaski Road  
Chicago, IL 60639

**Website:**

[www.hermosamedical-center.com](http://www.hermosamedical-center.com)

**Contact:** Hisham Sadek

**Tel:** (773)-772-8876

**Email:** None

**Services:** Psychiatry

**Language(s):** English,  
Spanish

**Hines VA Hospital**

5000 S. 5th Avenue  
Hines, IL 60141

**Website:**

[www.hines.va.gov](http://www.hines.va.gov)

**Contact:** Gauri Khatkhate

**Tel:** (708)-202-8387

**Tel:** (847)-723-5887

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

**Hines VA Hospital**

5000 S. 5th Avenue  
Hines, IL 60141

**Website:**

[www.hines.va.gov](http://www.hines.va.gov)

**Contact:** Wendy Kim

**Tel:** (708)-202-8387

**Tel:** (847)-723-5887

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

**Horizons Behavioral Health, LLC**

970 S McHenry Avenue  
Crystal Lake, IL 60014

**Website:**

[www.centegra.com](http://www.centegra.com)

**Contact:** Chandra Vedak

**Tel:** (800)-765-9999

**Email:**

[cvedak@centegra.com](mailto:cvedak@centegra.com)

**Services:** Individual, Couple, Family, and Group Therapy

**Language(s):** English, Hindi, Gujarati

**Japanese American Service Committee**

4427 N. Clark Street  
Chicago, IL 60640

**Website:**

[www.jasc-chicago.org](http://www.jasc-chicago.org)

**Contact:** Frances Chikahisa

**Tel:** (773)-275-7212

**Email:**

[council@jasc-chicago.org](mailto:council@jasc-chicago.org)

**Services:** Individual, Couple, Family, and Group Therapy

**Language(s):** Japanese

**Jaslyn Singh, LCPC, CH, CPM, P.C.**

2272 95th Street,  
Suite 215  
Naperville, IL 60564

**Website:**

[www.jaslynsingh.com](http://www.jaslynsingh.com)

**Contact:** Jaslyn Singh

**Tel:** (630)-913-0080

**Email:**

[jazlynsingh@aol.com](mailto:jazlynsingh@aol.com)

**Services:** Individual, Couple, and Family Therapy

**Language(s):** English, Hindi, Punjabi

**Jesse Brown VA Medical Hospital**

820 S Damen Ave.  
Chicago, IL 60612

**Website:**

[www.chicago.va.gov](http://www.chicago.va.gov)

**Contact:** Mohamed Hassan

**Tel:** (312)-569-7203

**Email:** None

**Services:** Psychiatry

**Language(s):** Information Not Available

**John J. Madden Mental Health Center**

1200 South 1st Street  
Hines, IL 60141

**Website:** None

**Contact:** Sudha Agrawal

**Tel:** (708)-338-7202

**Email:** None

**Services:** Psychiatry

**Language(s):** Information Not Available

**John J. Madden Mental Health Center**

1200 South 1st Street  
Hines, IL 60141

**Website:** None

**Contact:** Ali Kyung Chin

**Tel:** (708)-338-7202

**Email:** None

**Services:** Psychiatry

**Language(s):** Information Not Available

**John J. Madden Mental Health Center**

1200 South 1st Street  
Hines, IL 60141

**Website:** None

**Contact:** Choong Lee

**Tel:** (708)-338-7202

**Email:** None

**Services:** Psychiatry

**Language(s):** Information Not Available

**John J. Madden Mental Health Center**

1200 South 1st Street  
Hines, IL 60141

**Website:** None

**Contact:** Khaja

Nazimuddin

**Tel:** (708)-338-7202

**Email:** None

**Services:** Psychiatry

**Language(s):** Information Not Available

**King Medical**

4455 South King Drive,  
Suite 101  
Chicago, IL 60653

**Website:** None

**Contact:** Mojgan Makki

**Tel:** (773)-536-2700

**Email:** None

**Services:** Psychiatry

**Language(s):** English,  
Farsi

**Loretto Outpatient  
Behavioral Health  
Center**

5524 W. Harrison Street  
Chicago, IL 60644

**Website:**

[www.lorettohospital.org](http://www.lorettohospital.org)

**Contact:** Ramesh Doshi

**Tel:** (773)-854-5290

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

**Loyola Medicine**

2160 South 1st Street  
Maywood, IL 60153

**Website:**

[www.loyolamedicine.org/  
Patient\\_Visitor\\_Info/Locati  
ons\\_Maps/Facilities/Loyol  
a\\_University\\_Hospital.cfm](http://www.loyolamedicine.org/Patient_Visitor_Info/Locations_Maps/Facilities/Loyola_University_Hospital.cfm)

**Contact:** Alia Nargis Ali

**Tel:** (708)-216-8757

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

**Loyola Medicine**

2160 South 1st Street  
Maywood, IL 60153

**Website:**

[www.loyolamedicine.org/  
Patient\\_Visitor\\_Info/Locati  
ons\\_Maps/Facilities/Loyol  
a\\_University\\_Hospital.cfm](http://www.loyolamedicine.org/Patient_Visitor_Info/Locations_Maps/Facilities/Loyola_University_Hospital.cfm)

**Contact:** Jabeen Ali

**Tel:** (708)-216-8757

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

**Loyola Medicine**

2160 South 1st Street  
Maywood, IL 60153

**Website:**

[www.loyolamedicine.org/  
Patient\\_Visitor\\_Info/Locati  
ons\\_Maps/Facilities/Loyol  
a\\_University\\_Hospital.cfm](http://www.loyolamedicine.org/Patient_Visitor_Info/Locations_Maps/Facilities/Loyola_University_Hospital.cfm)

**Contact:** Nadia Alvi

**Tel:** (708)-216-8757

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

**Loyola Medicine**

2160 South 1st Street  
Maywood, IL 60153

**Website:**

[www.loyolamedicine.org/  
Patient\\_Visitor\\_Info/Locati  
ons\\_Maps/Facilities/Loyol  
a\\_University\\_Hospital.cfm](http://www.loyolamedicine.org/Patient_Visitor_Info/Locations_Maps/Facilities/Loyola_University_Hospital.cfm)

**Contact:** Megha Chadha

**Tel:** (708)-216-8757

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

**Loyola Medicine**

2160 South 1st Street  
Maywood, IL 60153

**Website:**

[www.loyolamedicine.org/  
Patient\\_Visitor\\_Info/Locati  
ons\\_Maps/Facilities/Loyol  
a\\_University\\_Hospital.cfm](http://www.loyolamedicine.org/Patient_Visitor_Info/Locations_Maps/Facilities/Loyola_University_Hospital.cfm)

**Contact:** Bharath Gururaj

**Tel:** (708)-216-8757

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

**Loyola Medicine**

2160 South 1st Street  
Maywood, IL 60153

**Website:**

[www.loyolamedicine.org/  
Patient\\_Visitor\\_Info/Locati  
ons\\_Maps/Facilities/Loyol  
a\\_University\\_Hospital.cfm](http://www.loyolamedicine.org/Patient_Visitor_Info/Locations_Maps/Facilities/Loyola_University_Hospital.cfm)

**Contact:** Chirag Raval

**Tel:** (708)-216-8757

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

**Loyola Medicine**

2160 South 1st Street  
Maywood, IL 60153

**Website:**

[www.loyolamedicine.org/  
Patient\\_Visitor\\_Info/Locati  
ons\\_Maps/Facilities/Loyol  
a\\_University\\_Hospital.cfm](http://www.loyolamedicine.org/Patient_Visitor_Info/Locations_Maps/Facilities/Loyola_University_Hospital.cfm)

**Contact:** Vidushi Savant

**Tel:** (708)-216-8757

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

**Loyola Medicine**

2160 South 1st Street  
Maywood, IL 60153

**Website:**

[www.loyolamedicine.org/  
Patient\\_Visitor\\_Info/Locati  
ons\\_Maps/Facilities/Loyol  
a\\_University\\_Hospital.cfm](http://www.loyolamedicine.org/Patient_Visitor_Info/Locations_Maps/Facilities/Loyola_University_Hospital.cfm)

**Contact:** Aparna Sharma

**Tel:** (708)-216-8757

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

**Loyola Medicine**

2160 South 1st Street  
Maywood, IL 60153

**Website:**

[www.loyolamedicine.org/  
Patient\\_Visitor\\_Info/Locati  
ons\\_Maps/Facilities/Loyol  
a\\_University\\_Hospital.cfm](http://www.loyolamedicine.org/Patient_Visitor_Info/Locations_Maps/Facilities/Loyola_University_Hospital.cfm)

**Contact:** Sittanur Shoush

**Tel:** (708)-216-8757

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

**Loyola Medicine**

2160 South 1st Street  
Maywood, IL 60153

**Website:**

[www.loyolamedicine.org/  
Patient\\_Visitor\\_Info/Locati  
ons\\_Maps/Facilities/Loyol  
a\\_University\\_Hospital.cfm](http://www.loyolamedicine.org/Patient_Visitor_Info/Locations_Maps/Facilities/Loyola_University_Hospital.cfm)

**Contact:**

Sukanya Pillai

Venkapachalam

**Tel:** (708)-216-8757

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

**Mark D. Parisi PsyD and Associates**

30 N. Michigan Avenue  
Chicago IL 60602

**Website:**

[www.drparisiandassoci  
ates.com](http://www.drparisiandassociates.com)

**Contact:** Mark Parisi

**Tel:** (847)-920-7219

**Tel:** (847)-909-9858

**Email:** markdparisi@sbc-  
global.net

**Services:** Individual,  
Couples, and Family  
Therapy

**Language(s):** Filipino  
(tagalog), Gujarati, Hindi,  
Korean, Polish, Punjab,  
Russian, Spanish, Urdu

**Meier Clinics**

180 N. Michigan Avenue,  
Suite 2408  
Chicago, IL 60601

**Website:**

[www.meierclinics.com/index.cgi](http://www.meierclinics.com/index.cgi)

**Contact:** Steve C. Lee

**Tel:** (630)-653-1717

**Email:** None

**Services:** Individual  
Therapy

**Language(s):** Information  
Not Available

**Metropolitan Family Services**

3062 E. 91st Street  
Chicago, IL 60617

**Website:**

[www.metrofamily.org](http://www.metrofamily.org)

**Contact:** Thodur  
Ranganathan

**Tel:** (773)-371-2900

**Email:** None

**Services:** Psychiatry

**Language(s):** English,  
Spanish

**Metropolitan Family Services**

3062 E. 91st Street  
Chicago, IL 60617

**Website:**

[www.metrofamily.org](http://www.metrofamily.org)

**Contact:** Nasir Ali Syed

**Tel:** (773)-371-2900

**Email:** None

**Services:** Psychiatry

**Language(s):** English,  
Spanish

**Mind at Ease LLC**

3139 N. Lincoln Avenue,  
Suite 220  
Chicago, IL 60657

**Website:** [www.mind-at-ease-llc.com](http://www.mind-at-ease-llc.com)

**Contact:** Nirali Dalia

**Tel:** (312)-259-5788

**Email:**

[mindateasellc@gmail.com](mailto:mindateasellc@gmail.com)

**Services:** Individual  
Therapy

**Language(s):** English,  
Gujarati

**Mindful Professional Counseling**

1900 E. Golf Road,  
Suite 950  
Schaumburg, IL 60173

**Website:**

[www.mindfulprofessional-counseling.com](http://www.mindfulprofessional-counseling.com)

**Contact:** Asako Hoichi

**Tel:** (847)-899-3329

**Email:**

[asakohoichi@mindfulprofessionalcounseling.com](mailto:asakohoichi@mindfulprofessionalcounseling.com)

**Services:** Individual,  
Couple, Family, and  
Group Therapy

**Language(s):** Japanese

**Mount Sinai Community Foundation**

2653 W. Ogden Avenue  
Chicago, IL 60608

**Website:** [www.jewishminneapolis.org/page.aspx?id=44451](http://www.jewishminneapolis.org/page.aspx?id=44451)

**Contact:** Yoglackshan  
Ahluwali

**Tel:** (773)-542-2000

**Email:** None

**Services:** Psychiatry

**Language(s):** English,  
Hindi

**Mount Sinai Community Foundation**

2653 W. Ogden Avenue  
Chicago, IL 60608

**Website:**

[www.jewishminneapolis.org/page.aspx?id=44451](http://www.jewishminneapolis.org/page.aspx?id=44451)

**Contact:** Jyoti Warikoo

**Tel:** (773)-542-2000

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

**Northwestern Memorial Hospital**

446 E. Ontario Street  
Chicago, IL 60611

**Website:**

[psychiatry.northwestern.edu](http://psychiatry.northwestern.edu)

**Contact:** Gaurava  
Agarwal

**Tel:** (312)-695-1920

**Email:** None

**Services:** Psychiatry

\*Information Not Available



### **Northwestern Memorial Hospital**

446 E. Ontario Street  
Chicago, IL 60611

**Website:**

[psychiatry.northwestern.edu](http://psychiatry.northwestern.edu)

**Contact:** Hossam  
Mahmoud

**Tel:** (312)-926-8200

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

### **Northwestern Memorial Hospital**

446 E. Ontario Street  
Chicago, IL 60611

**Website:**

[psychiatry.northwestern.edu](http://psychiatry.northwestern.edu)

**Contact:** Milap Anil  
Nowrangi

**Tel:** (312)-926-8200

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

### **Northwestern Memorial Hospital**

446 E. Ontario Street  
Chicago, IL 60611

**Website:**

[psychiatry.northwestern.edu](http://psychiatry.northwestern.edu)

**Contact:** Sneha Sastry

**Tel:** (312)-926-8200

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

### **Northwestern Memorial Hospital**

251 E. Huron Street  
Chicago, IL 60611

**Website:** [www.nmh.org](http://www.nmh.org)

**Contact:** Monika Surinder  
Aneja

**Tel:** (312)-926-2253

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

### **Peds Care**

5310 N. Sheridan Road  
Chicago, IL 60640

**Website:** None

**Contact:** Syed Hussain

**Tel:** (773)-878-3750

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

### **Pediatric Development Center**

3040 N. Wilton Avenue  
Chicago, IL 60657

**Website:**

[www.advocatehealth.com/immc/pediatricdevelopmentalcenter](http://www.advocatehealth.com/immc/pediatricdevelopmentalcenter)

**Contact:** Lisa C. Yeh

**Tel:** (773)-296-7340

**Email:** None

**Services:** Information Not  
Available

**Language(s):** Arabic,  
Chinese, French, German,  
Italian, Korean, Polish,  
Russian, Spanish,  
Tagalog, Vietnamese

### **Private Practice**

405 N. Wabash Avenue,  
Suite 4507

Chicago, IL 60611

**Website:**

[drsuehbae.vpweb.com](http://drsuehbae.vpweb.com)

**Contact:** Sue H. Bae

**Tel:** (773)-203-3727

**Email:**

[suehyunbae@gmail.com](mailto:suehyunbae@gmail.com)

**Services:** Individual,  
Couple, and Family  
Therapy

**Language(s):** Korean

### **Private Practice**

2835 N. Sheffield Street,  
Suite 403

Chicago, IL 60657

**Website:** None

**Contact:** Kin Kong

**Tel:** (773)-391-8209

**Email:** [kck32@cornell.edu](mailto:kck32@cornell.edu)

**Services:** Individual,  
Couple, and Family  
Therapy

**Language(s):** Chinese  
(Cantonese)



**Private Practice**

4256 N. Ravenswood  
Avenue, Suite 219  
Chicago, IL 60613

**Website:**

[www.shabadkaur.com](http://www.shabadkaur.com)

**Contact:** Shabad Kaur  
Khalsa

**Tel:** (773)-480-3273

**Email:**

shabadkaur@shabad-  
kaur.com

**Services:** Individual,  
Couple, and Family  
Therapy

**Language(s):** English

**Private Practice**

4633 N. Western Avenue,  
Suite 203 Chicago, IL,  
60625

**Website:** None

**Contact:** Edward Fajardo

**Tel:** (312)-623-0502

**Email:**

EJFajardo@aol.com

**Services:** Individual,  
Couple, Family Therapy,  
and Consultation

**Language(s):** Tagalog

**Private Practice**

4753 N. Broadway Street,  
Suite 720  
Chicago, IL 60640

**Website:** None

**Contact:** Karlene  
Goodman

**Tel:** (773)-371-8345

**Email:** bacsig@msc.com

**Services:** Individual and  
Group Therapy

**Language(s):** Thai and  
Vietnamese

**Private Practice**

5301 Dempster Street,  
Suite 20  
Skokie, IL 60077

**Website:** None

**Contact:** Olivia Chui

**Tel:** (847)-251-6198

**Email:**

chui@comcast.net

**Services:** Individual,  
Couple, and Family  
Therapy

**Language(s):** Chinese  
(Cantonese and  
Mandarin)

**Private Practice**

6730 S. Euclid Avenue  
Chicago, IL 60649

**Website:** None

**Contact:** Ranjana  
Bhargawa

**Tel:** (773)-355-9559

**Email:**

ranjana67@yahoo.com

**Services:** Individual and  
Group Therapy

**Language(s):** Indian  
(Hindi, Urdu, and Gujarati)

**Private Practice**

636 Church Street,  
Suite 515  
Evanston, IL 60201

**Website:** None

**Contact:** Noriko Ishibashi  
Martinez

**Tel:** (847)-372-8134

**Email:**

n.i.martinez@comcast.net

**Services:** Individual and  
Child Therapy

**Language(s):** English

**Private Practice**

1555 Naperville-Wheaton  
Road, Suite 104  
Naperville, IL 60563

**Website:** None

**Contact:** Tracy Leung

**Tel:** (630)-640-6501

**Email:** tracyleung@com-  
cast.net

**Services:** Individual,  
Couple, and Family  
Therapy

**Language(s):** English,  
Chinese (Mandarin),  
Chinese (Taiwanese)

**Private Practice**

306 W. Green Street  
Urbana, IL 61801

**Website:** None

**Contact:** Teresa Mok

**Tel:** (217)-649-5433

**Email:**

Teresamok1@yahoo.com

**Services:** Individual  
Therapy

**Language(s):** English

### **Private Practice**

Chicago, IL 60659 & Lake County, IL

**Website:** None

**Contact:** Masa Nakata

**Tel:** (312)-375-4184

**Email:**

Route66mn@yahoo.com

**Services:** Individual, Couple, Family, Group Therapy, Pastoral Counseling and Care, Existential Psychotherapy, Morita Psychotherapy, Grief and Bereavement Counseling

**Language(s):** English, Japanese, Tagalog

### **Private Practice**

307 N. Michigan Avenue, Suite 312

Chicago IL 60601

5209 N. Clark Street, 2nd Floor.

Chicago, IL 60640

**Website:** None

**Contact:** Prem K. Pahwa

**Tel:** (773)-919-2919

**Email:**

prempahwa@hotmail.com

**Services:** Individual Therapy, General Psychotherapy

**Language(s):** English

### **Private Practice**

Chicago, IL 60615

**Website:** None

**Contact:** Achara Raz

**Tel:** (312)-607-1482

**Email:** achararaz@sbc-global.net

**Services:** Individual, Couples, Family, and Group Therapy

**Language(s):** English, Laotian, Thai

### **Private Practice**

6601 W. North Avenue

Oak Park, IL 60302

**Website:** None

**Contact:** Yukiko Shiraishi

**Tel:** (708)-415-7513

**Email:**

Shiraishi.y@gmail.com

**Services:** Individual and Couples Therapy

**Language(s):** English, Japanese

### **Private Practice**

2526 N. Lincoln Avenue, Suite 218

Chicago, IL 60614

**Website:** None

**Contact:** Suresh Unni

**Tel:** (312)-560-2454

**Email:**

Seshu98@hotmail.com

**Services:** Individual, Couple, and Family Therapy

**Language(s):** English

### **Private Practice**

25 E. Washington Street, Suite 1906

Chicago, IL 60602

**Website:** [www.yuhwen-chowmd.com](http://www.yuhwen-chowmd.com)

**Contact:** Yuhwen Chow

**Tel:** (312)-789-5381

**Email:** None

**Services:** Individual, Couples, Women's Therapy

**Language(s):** English, Chinese (Mandarin)

### **Private Practice**

2720 W. 15th Street

Chicago, IL 60608

**Website:** None

**Contact:** Rattan Pradeep

**Tel:** (773)-257-6672

**Email:** None

**Services:** Information Not Available

**Language(s):** Information Not Available

### **Private Practice**

2720 W. 15th Street

Chicago, IL 60608

**Website:** None

**Contact:** Ahlowalia Yoght

**Tel:** (773)-257-6672

**Email:** None

**Services:** Psychiatry

**Language(s):** Information Not Available

**Private Practice**

4330 N. Sawyer Avenue  
Chicago IL 60618

**Website:** None

**Contact:** Sanjay Patel

**Tel:** (773)-463-1838

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

**Private Practice**

7531 S. Stony Island  
Avenue

Chicago, IL 60649

**Website:** None

**Contact:** Peggy Chou

**Tel:** (773)-947-7900

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

**Private Practice**

1720 W. Polk Street  
Chicago, IL 60612

**Website:** None

**Contact:** Christine

Jeeyoon Choe

**Tel:** (312)-942-6090

**Email:** None

**Services:** Child and  
Adolescent Psychiatry

**Language(s):** Information  
Not Available

**Private Practice**

1200 S. 1st Avenue  
Hines, IL 60141

**Website:** None

**Contact:** He Yuan

**Tel:** (708)-338-7048

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

**Private Practice,  
(Affiliated with AHS)**

4200 N. Oak Park Avenue  
Chicago, IL 60634

**Website:** None

**Contact:** Lesley Omary

**Tel:** (773)-728-2235

**Email:** None

**Services:** Psychiatry

**Language(s):** Chinese,  
Vietnamese

**Private Practice**

30 N. Michigan Avenue,  
Unit 1820  
Chicago, IL 60602

**Website:** None

**Contact:**

Jean (yuh-Jin) Tzou

**Tel:** (312)-698-3095

**Email:** None

**Services:** Individual,  
Group, and Couples  
Counseling

**Language(s):** Chinese,  
Taiwanese

**Private Practice**

5532 S. Shore Drive,  
#20D

Chicago, IL 60637

**Website:** None

**Contact:** Karuna Bahadur

**Tel:** (773)-219-0691

**Email:** None

**Services:** Individual,  
Couples, and Group  
Therapy

**Language(s):** English,  
Hindi, Punjabi

**Private Practice**

30 N. Michigan Avenue,  
Suite 1528

Chicago, IL 60602

**Website:**

[www.drericaberg.com/Dr.  
\\_Erica\\_Berg/Welcome.ht  
ml](http://www.drericaberg.com/Dr._Erica_Berg/Welcome.html)

**Contact:** Erica Berg

**Tel:** (773)-987-1768

**Email:**

[drericaberg@mac.com](mailto:drericaberg@mac.com)

**Services:** Individual and  
Group Therapy

**Language(s):** Information  
Not Available

**Private Practice**

3139 N. Lincoln Avenue,  
Suite 226A  
Chicago, IL 60657

**Website:**

[www.anvikshafamilytherapy.com/about.shtml](http://www.anvikshafamilytherapy.com/about.shtml)

**Contact:** Anviksha

Kalscheur

**Tel:** (773)-934-5478**Email:**

akalscheur@comcast.net

**Services:** Individual,

Group, Couples, and

Family Therapy

**Language(s):** English,

Marathi

**Private Practice**

111 N. Wabash Avenue,  
Suite 1904

Chicago, IL 60602

**Website:**

[www.shipraparikh.com](http://www.shipraparikh.com)

Shipra Parikh

**Tel:** (312)-339-9345**Email:**

shiprasparikh@gmail.com

**Services:** Children,

Adolescents, and Adults

English, Spanish

**Private Practice**

2800 N. Sheridan Road,  
Suite 502

Chicago, IL 60657

**Website:** None**Contact:** Helena

Radomska

**Tel:** (773)-472-1483**Email:** None**Services:** Psychiatry**Language(s):** English,

Croatian, Polish

**Private Practice**

1525 E. 53rd Street,  
Suite 503

Chicago, IL 60615

**Website:** None**Contact:** Lori Ryan**Tel:** (312)-544-0397**Email:** None**Services:** Individual,

Couples, and Group

Therapy

**Language(s):** English,

Japanese

**Private Practice**

360 N. Michigan Avenue

Chicago, IL 60601

**Website:** None**Contact:**

Nancy Abdel-Wahab

**Tel:** (312)-782-8247**Email:** None**Services:** Psychiatry**Language(s):** English**Private Practice**

30 N. Michigan Avenue,  
Suite 1022

Chicago, IL 60603

**Website:** None**Contact:** Kourosh Dini**Tel:** (312) 391-3171**Email:** None**Services:** Child and

Adolescent Psychiatry

**Language(s):** Information

Not Available

**Private Practice**

7234 Ogden Avenue

Riverside, IL 60546

**Website:** None**Contact:** Pradipkumar

Shantilal Desai

**Tel:** (708)-447-2277**Email:** None**Services:** Psychiatry**Language(s):** Information

Not Available

**Private Practice**

35682 Eagle Way

Chicago, IL 60678

**Website:** None**Contact:** Abdul Ahad

Faisal

**Tel:** (708)-923-7878**Email:** None**Services:** Psychiatry**Language(s):** English,

Urdu

**Private Practice**

1653 W. Congress  
Parkway  
Chicago, IL 60612

**Website:** None

**Contact:** Sheila Chitsaz  
Lahijani

**Tel:** (312)-942-5015

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

**Private Practice**

1653 W. Congress  
Parkway  
Chicago, IL 60612

**Website:** None

**Contact:** Sinh Tran

**Tel:** (310)-709-7464

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

**Private Practice**

1653 W. Congress  
Parkway  
Chicago, IL 60612

**Website:** None

**Contact:** Sujatha Kareti  
Wolff

**Tel:** (312)-942-6000

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

**Private Practice**

7219 Madison Street,  
Suite 312  
Forest Part, IL 60130

**Website:** None

**Contact:** Santoshkumar  
Siddalingaiah Mathapati

**Tel:** (978)-758-7779

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

**Private Practice**

180 N. Jefferson Street  
Chicago, IL 60622

**Website:** None

**Contact:** Sarah Fatima  
Nayeem

**Tel:** (312)-415-1704

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

**Private Practice**

4140 S. Archer Avenue  
Chicago, IL 60632

**Website:** None

**Contact:** Shamim  
Qureshi

**Tel:** (773)-680-0320

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

**Private Practice**

8311 Roosevelt Road  
Forest Park, IL 60130

**Website:** None

**Contact:** Humaira Saiyed

**Tel:** (708)-771-7000

**Email:** None

**Services:** Psychiatry

**Language(s):** English,  
Hindi

**Private Practice**

6420 North California  
Avenue

Chicago, IL 60645

**Website:** None

**Contact:** Yuri Shvartsman

**Tel:** (773)-973-6100

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

**Private Practice**

222 E. Huron Street  
Chicago, IL 60611

**Website:** None

**Contact:** Shawn Singh  
Sidhu

**Tel:** (312)-926-8200

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available



### Private Practice

1725 W. Harrison Street,  
Suite 744  
Chicago, IL 60612

**Website:** None

**Contact:** Thanh Son Thai

**Tel:** (312)-942-0118

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

### Private Practice

5th Avenue  
Hines, IL 60141

**Website:**

[www.hines.va.gov](http://www.hines.va.gov)

**Contact:** Chun Ching Tsai

**Tel:** (708)-202-2815

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

### Private Practice

4048 W. Columbia  
Avenue

Lincolnwood, IL 60712

**Website:** None

**Contact:** Sajoy

Purathumuriyil Varghese

**Tel:** (847)-412-8367

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

### Private Practice

675 W. North Avenue,  
Suite 608  
Melrose Park, IL 60160

**Website:** None

**Contact:** Shabbir Zarif

**Tel:** (708)-938-7634

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

### Private Practice

3825 N. Central Avenue  
Chicago, IL 60634

**Website:** None

**Contact:** Daolong Zhang

**Tel:** (773)-282-6188

**Email:** None

**Services:** Psychiatry

**Language(s):** English,  
Spanish

### Rape Victim Advocate

180 N. Michigan Avenue,  
Suite 600 Chicago, IL  
60601

**Website:**

[www.rapevictimadvocates.org](http://www.rapevictimadvocates.org)

**Contact:** Sharmili

Majmudar

**Tel:** (312)-443-9603

**Email:** [info@rapevicti-madvocates.org](mailto:info@rapevicti-madvocates.org)

**Services:** Individual,  
Couple, Family, Group,  
Sexual Assault,  
Childhood Sexual Abuse,  
Incest Therapy

**Language(s):** English,  
Gujarati, Japanese

### Resurrection Health Care

980 N. Michigan Avenue,  
Suite 1083

Chicago, IL 60611

**Website:** [Reshealth.org](http://Reshealth.org)

**Contact:** Ghada

Albeheary

**Tel:** (312)-202-9601

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

### Rush University Medical Center

1700 W. Van Buren Street  
Chicago, IL 60612

**Website:** [www.rush.edu](http://www.rush.edu)

**Contact:** Jagannath

Devulapally

**Tel:** (312)-942-5592

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

### Rush University Medical Center Psychiatry Program

2150 W. Harrison Street  
Chicago, IL 60612

**Website:** [www.rush.edu](http://www.rush.edu)

**Contact:** Heathr Chienyu  
Huang

**Tel:** (312)-942-5000

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

**Saint Mary and Elizabeth Medical Center, St. Elizabeth Hospital**

1431 N. Claremont Avenue  
Chicago, IL 60622

**Website:**

[www.saintsmaryandelizabethmedicalcenter.reshealth.org/sub\\_smemc/default.cfm](http://www.saintsmaryandelizabethmedicalcenter.reshealth.org/sub_smemc/default.cfm)

**Contact:** Chung K. Chen

**Tel:** (773)-278-2000

**Email:** None

Psychiatry

**Language(s):** Information Not Available

**Sukhijit S. Gill**

2266 N. Lincoln Avenue, Suite 3  
Chicago, IL 60614

**Website:** None

**Contact:** Raja Singh Gill

**Tel:** (773)-327-8008

**Email:** None

**Services:** Psychiatry

**Language(s):** Information Not Available

**Thorek Memorial Hospital Psychiatric**

850 W. Irving Parks Road  
Chicago, IL 60613

**Website:** None

**Contact:** Sonal Gupta

**Tel:** (708)-202-8387

**Email:** None

**Services:** Psychiatry

**Language(s):** Information Not Available

**University of Chicago Medical Center**

5841 South Maryland Avenue  
Chicago, IL 60637

**Website:**

[www.uchospitals.edu](http://www.uchospitals.edu)

**Contact:** Khalid Imran Afzal

**Tel:** (773)-834-4093

**Email:**

[Khalid.afzal@uchospitals.edu](mailto:Khalid.afzal@uchospitals.edu)

**Services:**

Psychopharmacology and mentalization therapy

**Language(s):** Information Not Available

**University of Chicago Medical Center**

5843 South Maryland Avenue  
Chicago, IL 60637

**Website:**

[www.uchospitals.edu](http://www.uchospitals.edu)

**Contact:** Sanjiwan Boparai

**Tel:** (773)-702-4829

**Email:**

[Sanjiwan.boparai@uchospitals.edu](mailto:Sanjiwan.boparai@uchospitals.edu)

**Services:** Group and Psychodynamic Therapy

**Language(s):** Information Not Available

**University of Chicago Medical Center**

5841 South Maryland Avenue  
Chicago, IL 60637

**Website:**

[www.uchospitals.edu](http://www.uchospitals.edu)

**Contact:** Eunice Chen

**Tel:** (773)-834-9101

**Email:**

[chen@bsd.uchicago.edu](mailto:chen@bsd.uchicago.edu)

**Services:** Behavioral and Family-Based Therapy

**Language(s):** Information Not Available

**University of Chicago Medical Center**

5841 South Maryland Avenue  
Chicago, IL 60637

**Website:**

[www.uchospitals.edu](http://www.uchospitals.edu)

**Contact:** Madhukar Kumar

**Tel:** (773)-702-1841

**Email:**

[Madhukar.kumar@uchospitals.edu](mailto:Madhukar.kumar@uchospitals.edu)

**Services:** Psychiatry

**Language(s):** Information Not Available



**University of Chicago  
Medical Center**

5845 South Maryland  
Avenue  
Chicago, IL 60637

**Website:**

[www.uchospitals.edu](http://www.uchospitals.edu)

**Contact:** Veronica

Makhija

**Tel:** (773)-702-8595

**Email:**

Veronica.makhija@uchospitals.edu

**Services:** Child and  
Adolescent Psychiatry

**Language(s):** Information  
Not Available

**University of Chicago  
Medical Center**

5841 South Maryland  
Avenue  
Chicago, IL 60637

**Website:**

[www.uchospitals.edu](http://www.uchospitals.edu)

**Contact:** Xiaohong Yu

**Tel:** (773)-702-8595

**Email:**

Xiaohong.yu@uchospitals.edu

**Services:** Pediatric  
Psychiatry

**Language(s):** Information  
Not Available

**University of Illinois  
Medical Center**

1601 W. Taylor Street  
Chicago, IL 60612

**Website:**

[Uillinoismedcenter.org](http://Uillinoismedcenter.org)

**Contact:** Aneet Ahluwalia

**Tel:** (312)-996-2200

**Email:** None

**Services:** Psychiatry

**Language(s):** English,  
Spanish

**University of Illinois  
Medical Center**

1601 W. Taylor Street  
Chicago, IL 60612

**Website:**

[Uillinoismedcenter.org](http://Uillinoismedcenter.org)

**Contact:** Prakash Desai

**Tel:** (312)-996-7383

**Email:** None

**Services:** Psychiatry

**Language(s):** English,  
Gujarati, Hindi

**University of Illinois  
Medical Center**

1601 W. Taylor Street  
Chicago, IL 60612

**Website:**

[Uillinoismedcenter.org](http://Uillinoismedcenter.org)

**Contact:** Rajiv Sharma

**Tel:** (312)-996-7383

**Email:** None

**Services:** Psychiatry

**Language(s):** English,  
Hindi

**University of Illinois  
Medical Center**

1740 W Taylor Street  
Chicago, IL 60612

**Website:**

[Uillinoismedcenter.org](http://Uillinoismedcenter.org)

**Contact:** Surinder Nand

**Tel:** (866)-600-2273

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

**University of Illinois  
Neurology Department**

912 S. Wood Street,  
#855 N

Chicago, IL 60612

[www.chicago.medicine.uic.edu/departments\\_programs/departments/Neurology](http://www.chicago.medicine.uic.edu/departments_programs/departments/Neurology)

**Contact:** Nafisa Ghadiali

**Tel:** (312)-996-7206

**Email:** None

**Services:** Psychiatry

**Language(s):** Information  
Not Available

**University of Illinois  
Neurology Department**

912 S. Wood Street,  
#855 N  
Chicago, IL 60612

**Website:**

[www.chicago.medicine.uic.edu/departments\\_\\_\\_programs/departments/Neurology](http://www.chicago.medicine.uic.edu/departments___programs/departments/Neurology)

**Contact:** Kalman Kaplan

**Tel:** (312)-996-7206

**Email:** None

Psychiatry

**Language(s):** Information

Not Available

**University of Illinois and  
Private Practice**

Chicago & Urbana-  
Champaign

**Website:**

[www.couns.uiuc.edu](http://www.couns.uiuc.edu)

**Contact:** Kuanwu Lin

**Tel:** (773)-551-1688

**Email:**

drkuanwulin@gmail.com

**Services:** Individual,  
Couple, Family, and  
Group Therapy

**Language(s):** Chinese  
(Mandarin, Taiwanese)